

**DIRECTOR OF PUBLIC HEALTH & FAMILY WELFARE
ANDHRA PRADESH**

COVID-Health Department Advisory to Public :-

The health authorities should educate the public on

1. Stop all mass gatherings, like prayer meeting, social gatherings, parties, functions etc.
2. Railway stations, Bus stands & Airports to follow all COVID-19 appropriate behavior.
3. Elderly (more than 60years) and pregnant ladies are advised to stay in door strictly.
4. **Practice Good Hygiene**-Wash hands regularly, cover coughs/sneezes, and avoid touching your face.
5. **Wear Masks in High-Risk Areas**-if you're in a crowded or poorly ventilated space, wearing a mask can help reduce the spread of the virus.
6. **Get Tested If You Have Symptoms**-Testing remains a critical tool in identifying and isolating COVID-19 cases early.
7. Person who travelled to COVID affected countries should get tested.

Common Symptoms

Symptoms vary by individual: Mild to Moderate Symptoms-Fever or chills, Cough, Fatigue, Sore throat, Loss of taste or smell, Headache, Muscle or body aches, Runny nose or nasal congestion, Nausea, vomiting, or diarrhea

If above symptoms observed visit nearby health facility for confirmation and treatment.

8. Stay Home if you're Sick-If you feel unwell, protect others by resting at home and avoiding contact.

Note: Health Department should keep Mask, PPE kit, triple layer mask in sufficient amount with 24/7 labs with all testing facilities.


Director of Public Health & Family Welfare.

To,

The all District Medical & Health Officers in the State.

Copy to the Commissioner, Health & Family Welfare, Mangalagiri, A.P.